Free Movie Presentation

SCREENAGERS

GROWING UP IN THE DIGITAL AGE

November 1st   7PM
Campolindo High School
CPAC Theater
(Free) RSVP info at www.moragaikind.org
Followed by a short discussion session.

iKind MORAGA | **Just do right**

Free Movie Presentation of "Screenagers"

About the film:

Are you watching kids scroll through life, with their rapid-fire thumbs and a six-second attention span? Physician and filmmaker Delaney Ruston saw that with her own kids and learned that the average kid spends 6.5 hours a day looking at screens. She wondered about the impact of all this time and about the friction occurring in homes and schools around negotiating screen time—friction she knew all too well.

In SCREENAGERS, as with her award-winning documentaries on mental health, Delaney takes a deeply personal approach as she probes into the vulnerable corners of family life, including her own, to explore struggles over social media, video games, academics and internet addiction. Through poignant, and unexpectedly funny stories, along with surprising insights from authors, psychologists, and brain scientists, SCREENAGERS reveals how tech time impacts kids' development and offers solutions on how adults can empower kids to best navigate the digital world and find balance.

When: Tuesday, Nov. 1, 2016 from 7:00 PM to 9:00 PM (PDT)

Where: Campolindo High School CPAC Theater

C.A.R.E. Program

The Moraga School District and the Moraga iKind Project will be implementing the C.A.R.E. program developed and used by the Acalanes Union High School District. Adopting existing and new programs under a common theme will provide a TK-12 and community wide solution and promote opportunities for the entire community to work together.

Compassion   (August to October)
Acceptance   (November to January)
Respect   (February to March)
Equality   (April to June)

The Moraga iKind Project:

The mission of the Moraga iKind project is to promote **kindness** and **courtes**y, to foster **courage** and **bravery**, based on the belief that **empathy** and **inclusion** constitute the foundation on which community is built.

Website: www.moragaikind.org